

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ben Regal**

Has successfully participated & completed the

**67km Lormar #FarmTrail 2017 - Day 3**

held at Middelburg.

**TIME 04:22:30**

**PACE 15.31km/h**  
**OVERALL 77 of 204**

**GENDER 62 of 146**  
**MASTERS 13 of 44**

01 October 2017, Sun

Date



*BoutTime*

Signature

